DATE: Saturday - March 10, 2018
FOR: Middle School and High School Athletes
PLACE: Kenton Senior High School Gymnasium
WEIGH INS: 8:00 a.m. - 9:30 a.m.
TIME: Competition Begins at 10:00 a.m.
BOY DIVISIONS: Lightweight, Middleweight, and Heavyweight
WT. CLASSES: 125, 135, 145, 155, 165, 175, 185, 195, 210, 225, 250, Unlimited
GIRL DIVISIONS: Lightweight and Heavyweight
WT. CLASSES: 115, 125, 135, 145, 155, 175, 195, Unlimited
EVENTS: Bench/Squat/Deadlift - Three attempts at each event
ENTRY FEE: $20
RULES: Ohio High School Powerlifting Meet Rules
REQUIREMENT: Permission Slip Signed by Parent or Guardian
AWARDS: Medals in Each Weight Class for 1st - 6th Place (Girls)
          Medals in Each Weight Class for 1st - 12th Place (Boys)
          Top Lift in Each Event in Each Wt. Class Receives a Medal
          Individual Champion in Each Weight Class Receives a Plaque
TEAM AWARDS: Trophies to the Top Five Boy Teams
              Trophies to the Top Three Girl Teams
ADMISSION: $5 for Adults and $4 for Students
CONCESSIONS: Will be Provided by the Kenton Athletic Boosters
T-SHIRTS: Will be Available
MEET DIRECTOR: Brent Fackler  419 673 1286