

**2018 BILL MCCLAIN
OHIO HIGH SCHOOL STATE POWERLIFTING MEET
Division I, II, III and IV**

DATE: Saturday - March 10, 2018

FOR: Middle School and High School Athletes

PLACE: Kenton Senior High School Gymnasium

WEIGH INS: 8:00 a.m. - 9:30 a.m.

TIME: Competition Begins at 10:00 a.m.

BOY DIVISIONS: Lightweight, Middleweight, and Heavyweight

WT. CLASSES: 125, 135, 145, 155, 165, 175, 185, 195, 210, 225, 250, Unlimited

GIRL DIVISIONS: Lightweight and Heavyweight

WT. CLASSES: 115, 125, 135, 145, 155, 175, 195, Unlimited

EVENTS: Bench/Squat/Deadlift - Three attempts at each event

ENTRY FEE: \$20

RULES: Ohio High School Powerlifting Meet Rules

REQUIREMENT: Permission Slip Signed by Parent or Guardian

AWARDS: Medals in Each Weight Class for 1st - 6th Place (Girls)

Medals in Each Weight Class for 1st - 12th Place (Boys)

Top Lift in Each Event in Each Wt. Class Receives a Medal

Individual Champion in Each Weight Class Receives a Plaque

TEAM AWARDS: Trophies to the Top Five Boy Teams

Trophies to the Top Three Girl Teams

ADMISSION: \$5 for Adults and \$4 for Students

CONCESSIONS: Will be Provided by the Kenton Athletic Boosters

T-SHIRTS: Will be Available

MEET DIRECTOR: Brent Fackler 419 673 1286